

RECOVERY+PLUS

GO TO THE NEXT LEVEL

 PRESSOTHERAPY

RP 6.0 NEW G2

MANUAL OF USER

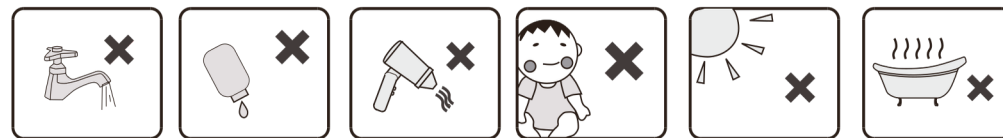
SECURITY PROTOCOLS

Please take a moment to thoroughly review the following precautions to guarantee your safety and the appropriate use of the product.

Warnings

1. If you encounter intense pain, unusual symptoms, or need to remove the product urgently while in use:
 - Press the pause button to halt the device or disconnect the product.
 Remove your boots and seek medical advice.
2. Kindly consult your physician prior to utilizing this product or removing the tubes if:
 - Experiencing inflammation, infection, or pain of unknown origin in or around the area of product application.
 - Present with bone fractures or dislocations at or adjacent to the site of product application.
 - Undergoing medical treatment or possessing contraindications that necessitate the use of a medical monitoring device.
 - Utilization of a pacemaker or any other medical apparatus that may be influenced by electrical interference.
 - Possessing malignant tumors.
 - Suffering from cardiovascular disease.
 - Suffer from severe peripheral neuropathy or encounter sensory disturbances associated with diabetes.
 This product is not advised for use in massages following instances of bodily trauma.

3. Store this product out of reach of children and individuals who are unable to use it independently.
4. Utilize exclusively the original power adapter.
5. Refrain from scratching, damaging, manipulating, excessively pinching, pulling, or bending the power cord or AC adapter, as this may lead to fire or electric shock.
6. Refrain from connecting or disconnecting the power adapter with damp hands.
7. Refrain from positioning the control on bedspreads and avoid operating the machine at elevated temperatures.
- 8 · Unauthorized modification, disassembly, or repair of the product is strictly prohibited.



Precautions

1. Utilize only the charger provided with the product. Employing an alternative charger may result in system malfunction.
2. Refrain from using in the bathroom or in locations that may be humid.
3. Keep away from children.

4. Fully charge the device. It is advisable to refrain from using it during charging to enhance battery longevity.
5. Refrain from walking while utilizing this product.
6. Do not leave the appliance, power supply, or any other accessories in a location where they may be susceptible to damage from children, pets, pests, or liquids.
7. The supplied products are designed for use by a single individual at any given time.

Frequently Asked Questions

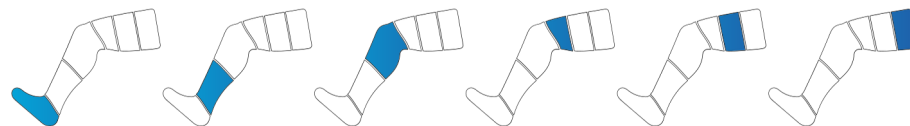
Q1: In what manner does this product administer massages?

R1: This three-chamber air compression device, with chambers allocated to the foot, calf, and thigh, automatically inflates and deflates using an advanced frequency that mimics a manual massage. It enhances blood circulation throughout the body, aiding in the relief of muscle pain in specific areas and promoting overall circulation.

Q2: How many massage modes are available? What distinguishes them?

A2: This product features six massage modes.

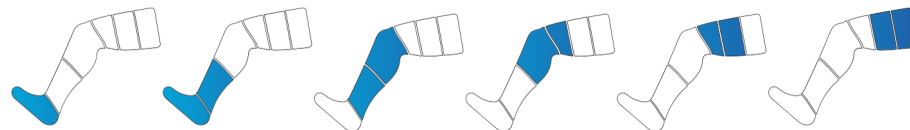
Mode A: Relaxation



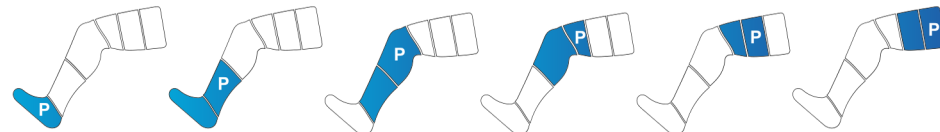
Mode B: SEQUENTIAL



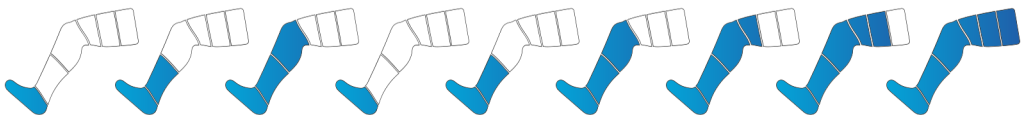
Mode C: INTENSE



Mode D: PULSE (P = Pulse)



Mode E: DOUBLE SEQUENTIAL



Mode F: DOUBLE INTENSITY



Q3. What actions should I take if the massage intensity appears to be either too weak or excessively strong?

A3: Various pressure levels are available in 10 mmHg increments, spanning from 30 mmHg to 250 mmHg. Kindly select the intensity that best meets your needs. If you find the massage excessively intense, even at the lowest setting, please cease use of the device and consult your physician prior to resuming its use.

Q4. What is the suggested duration of use for this product?

R4: It is advisable to utilize it 1 to 3 times weekly, in sessions lasting 30 to 45 minutes. Athletes may increase the frequency of use and extend the duration to a maximum of 60 minutes.

Q5. Is it possible to use it on a single leg?

R5: For boots, it is feasible to utilize one leg independently by connecting it directly without a 1-in-2 adapter. However, independent use is not applicable for trousers. For optimal results, we recommend employing both legs concurrently.

Q6. What are the causes of noise generated by the control unit?

R6: The sound emitted by the operational air pump, which consistently delivers air to the chambers in the trunk, is entirely normal.

Q7. What steps should I take if I possess more muscular legs?

R7: This product is designed to accommodate the majority of users. If you possess more muscular legs and find that the boots do not fit, you may purchase additional extensions from our shop or reach out to our customer service at info@recovery-plus.es, where you will receive a link to order the extensions.

Q8. When is the appropriate time to utilize this product?

R8: This product enhances blood circulation, providing effective relief from muscle pain and fatigue. Consequently, it can be utilized at any time: prior to exercise to prepare your muscles, following exercise for optimal recovery, or upon returning home from work after a long day.

Product Name	Air compression recovery system.
Model	RP 6.0 NEW G2 CA 100-240 V 50/60 Hz, DC 13.5
Adapter	V/3.5 A
Rated Power	45W
Compression mode	6 modes: Relaxation, Sequential, Intense, Pulsed, Dual Sequential, Dual Intense
Intensity levels / Pressure range	22 levels, pressure range from 30 to 250 mmHg, with intervals of 10 mmHg.
Timer	5 to 60 minutes, in 10-minute increments
Battery	4500 mAh, providing up to four hours of battery life.
Weight	7 kg
Dimensions	530 x 280 x 230 mm
Starting Type	6 cameras
Operating Conditions	Temperature: ranging from +5°C to 40°C. Humidity: 5% to 85% non-condensing. Atmospheric pressure: 75 Pa to 106 Pa.
Conditions of storage	Temperature: -20°C to 40°C. Humidity: 30% to 85% non-condensing. Atmospheric pressure: 75 Pa to 106 Pa. Store in a dry location, shielded from direct sunlight.

Problems	Possible causes	Solutions
1. The product is non-functional, or the screen remains unlit.	1. It is not operational. 2. There is no battery present, or the charger is not securely connected. 3. The wall outlet is defective.	1. Ensure that the power adapter is securely connected to both the control unit and the wall outlet. 2. Inspect the wall outlets.
2. The screen functions properly; however, the boots do not respond.	1. Only one of the boots was linked to the ventilation ducts. 2. The ventilation ducts are inadequately connected. 3. The boots incurred damage.	1. This is effective only when both ducts are linked to the air duct. 2. Please verify that the air ducts are properly and completely inserted into both the control box and the junction box. Please focus on the brand (). 3. Ensure that the boots facilitate air circulation. If this is the case, please reach out to us at: info@recovery-plus.es

3. Malfunction during the operation or shutdown of the air pump.	1. The ventilation ducts are inadequately connected. 2. The battery is depleted. 3. The treatment session has concluded.	1. Please verify that the air ducts are correctly and completely inserted into the control unit and the junction box. Please focus on the brand (↑). 2. Check that the device is either equipped with a battery or properly connected to the control unit and the wall outlet. 3. The device will automatically power down once the designated time has elapsed; press the power button to commence a new session if required.
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PRODUCT DESCRIPTION

regulatory unit



Footwear | Trousers



1. Air duct connector.
2. Foot inner tube.
3. Inner tubes positioned at the lower part of the calf.
4. Inner tubes positioned at the upper part of the calf.
5. Thigh compartments.
6. Zipper fastening.
7. Loop: suspension apparatus or installation support.

Ventilation conduit



Charger



CLEANING

1. In the event of soiling, kindly clean the control box, boots/trousers, and conduits using a clean, damp cloth.
2. Thoroughly wipe with a clean cloth.
3. Refrain from using gasoline, alcohol, thinners, or any other irritating liquids to clean the product, as this may lead to malfunctions, component damage, or discoloration.
4. Refrain from permitting the introduction of foreign objects into the conduits.
5. Refrain from dry cleaning.

STORAGE AND MAINTENANCE

1. Do not attempt to disassemble the product independently, as it contains no user-repairable components. Should you encounter any issues while using this product, please reach out to customer service at info@recovery-plus.es.
2. Keep out of reach of children and individuals who are unable to use it independently.
3. Avoid placing in areas where the following conditions may arise: elevated temperatures or humidity.
4. Refrain from any direct exposure to sunlight.

5. Prevent needles from penetrating boots, trousers, and drivers.
6. Refrain from placing heavy materials on the product.
7. Ensure that the ports of the control unit, the interconnecting tubes, and the charger are free from any debris or dirt.
8. Prevent the buildup of lint and dust. Clean the system with a dry cloth prior to each use.

PRODUCT RECALL

Adhere to local regulations concerning waste disposal.

MATERIALS PROVIDED

- 1 control unit
- 1 ventilation duct.
- 1 AC adapter / AC 100-240 V, 50/60 Hz; DC 13.5 V 3.5 A.
- One information card granting access to the instruction manual.
- 2 storage bags for the device and for the boots or pants
- 1 tote bag



THANK YOU

Thank you for selecting Recovery Plus, and welcome to the R+ family.

For additional information, please visit www.recovery-plus.es/support. Should you have any inquiries, do not hesitate to reach out to our customer service team, available around the clock.

INFO@RECOVERY-PLUS.ES

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